

Oliver Sprint Triathlon, Oliver, B.C.  
 Sunday June 18, 2006

Results by Race Headquarters - Lorraine Davidson  
 Final Overall Results

FINAL PLACE	Place in SEX	Place/TOTAL in DIVISION	FINAL TIME	BIB NO.	NAME of COMPETITOR	Swim Rank	0.6Km Split	Bike Rank	20 Km Split	PACE /Km	End Pla	of ce	bike TIME	Run Ran	5 Km k Split	Mile Pace	City
1	1/82 M	1/3 M2024	55:25:00	3	Michael Simpson	4	10:44	1	27:30:00	1:23	1		38:13:00	1	17:12	5:33	West Vancouver,BC
2	2/82 M	1/8 M3034	57:34:00	10	Paul Krochak	6	10:49	2	29:18:00	1:28	2		40:07:00	2	17:28	5:38	Vancouver,BC
3	3/82 M	2/8 M3034	59:12:00	13	Shane Besler	5	10:48	3	29:22:00	1:29	3		40:10:00	10	19:03	6:08	West Vancouver,BC
4	4/82 M	1/17 M4044	1:00:16	27	Kevin Cutjar	9	10:58	6	30:56:00	1:33	4		41:53:00	4	18:24	5:56	Penticton,BC
5	5/82 M	3/8 M3034	1:01:05	14	Pascal Hirsig	8	10:57	12	31:22:00	1:35	5		42:18:00	7	18:47	6:03	Maple ridge,BC
6	1/76 F	1/18 F3034	1:01:26	106	Gillian Kornell	2	10:31	18	32:14:00	1:37	8		42:45:00	6	18:42	6:01	Kelowna,BC
7	6/82 M	2/3 M2024	1:01:30	1	Nathan Champness	15	11:44	16	31:47:00	1:36	14		43:30:00	3	18:00	5:48	Vernon,BC
8	2/76 F	1/7 F2024	1:01:37	93	Angela Naeth	28	12:23	5	30:41:00	1:33	11		43:03:00	5	18:34	5:59	Prince George,BC
9	7/82 M	2/17 M4044	1:01:40	42	Carl Weber	14	11:43	7	31:05:00	1:34	9		42:47:00	8	18:53	6:05	Osoyoos,BC
10	8/82 M	1/4 M2529	1:01:52	5	Mike Champigny	13	11:40	4	30:40:00	1:32	6		42:19:00	14	19:33	6:18	Vernon,BC
11	9/82 M	4/8 M3034	1:02:20	11	Chris Ovelson	27	12:18	8	31:06:00	1:34	12		43:23:00	9	18:57	6:06	Kelowna,BC
12	3/76 F	2/18 F3034	1:03:15	117	Christine Fletcher	11	11:15	15	31:45:00	1:36	10		42:59:00	16	20:16	6:32	Vancouver,BC
13	4/76 F	1/10 F2529	1:03:25	100	Jessica Solymosi	21	11:55	19	32:15:00	1:37	17		44:10:00	12	19:15	6:12	Vernon,BC
14	10/82 M	5/8 M3034	1:03:27	15	Ian Nelson	16	11:47	13	31:40:00	1:35	13		43:27:00	15	20:01	6:27	Pitt Meadows,BC
15	11/82 M	1/11 M3539	1:03:40	21	Francois Lascelles	7	10:56	14	31:42:00	1:36	7		42:37:00	23	21:03	6:47	Kelowna,BC
16	12/82 M	3/17 M4044	1:03:57	40	Jeremy Sayers	26	12:17	11	31:21:00	1:35	15		43:37:00	17	20:21	6:33	Vancouver,BC
17	13/82 M	4/17 M4044	1:04:07	38	Bert Sandie	32	12:46	17	32:12:00	1:37	19		44:58:00	11	19:10	6:10	Burnaby,BC
18	14/82 M	3/3 M2024	1:05:42	2	Simon Feltham-Lauzon	18	11:49	24	33:17:00	1:40	21		45:06:00	19	20:36	6:38	Montreal,QC
19	15/82 M	5/17 M4044	1:05:51	35	Christopher Sayers	33	12:47	10	31:17:00	1:34	16		44:03:00	28	21:48	7:01	Vancouver,BC
20	16/82 M	6/17 M4044	1:05:58	169	Myles Tycholus	24	12:10	30	34:31:00	1:44	27		46:40:00	13	19:18	6:13	Chilliwack,BC
21	5/76 F	1/4 F--20	1:06:41	82	Vanessa Tilson	3	10:33	38	35:11:00	1:46	22		45:43:00	22	20:58	6:45	Vernon,BC
22	17/82 M	2/4 M2529	1:06:58	7	Adam Elliot	71	15:06	9	31:12:00	1:34	24		46:17:00	20	20:42	6:40	Kelowna,BC
23	18/82 M	7/17 M4044	1:07:27	30	Gord McInnes	45	13:49	21	32:33:00	1:38	25		46:22:00	24	21:05	6:48	Kelowna,BC
24	19/82 M	8/17 M4044	1:08:00	36	Chris Hawkins	23	12:09	31	34:39:00	1:44	28		46:48:00	25	21:13	6:50	Penticton,BC
25	20/82 M	1/9 M5559	1:08:15	69	Tod Hillier	22	12:08	25	33:45:00	1:42	23		45:52:00	36	22:24	7:13	Penticton,BC
26	21/82 M	9/17 M4044	1:08:26	34	Mark Rutledge	31	12:45	20	32:21:00	1:38	20		45:06:00	51	23:20	7:31	Calgary,AB
27	22/82 M	1/16 M4549	1:08:41	48	John Tilson	30	12:39	33	34:48:00	1:45	31		47:27:00	26	21:14	6:51	Vernon,BC
28	23/82 M	6/8 M3034	1:09:02	12	Jonathan Edmondson	29	12:39	26	33:50:00	1:42	26		46:29:00	39	22:34	7:16	White Rock,BC
29	6/76 F	2/7 F2024	1:09:31	94	Ashlee Robinson	20	11:54	37	35:08:00	1:46	29		47:02:00	37	22:29	7:15	Kelowna,BC
30	24/82 M	2/16 M4549	1:09:59	46	Doug Richardson	88	16:26	22	32:50:00	1:39	40		49:15:00	21	20:44	6:41	Anmore,BC
31	25/82 M	10/17 M4044	1:10:15	28	Marsh David	49	14:00	27	33:57:00	1:42	32		47:56:00	35	22:19	7:11	Vancouver,BC
32	7/76 F	2/10 F2529	1:10:29	98	Charlie MacDowall	12	11:36	46	36:43:00	1:51	33		48:19:00	33	22:11	7:09	North Vancouver,BC
33	26/82 M	2/11 M3539	1:10:41	24	Calvin Zaryski	17	11:48	23	32:56:00	1:39	18		44:44:00	86	25:57:00	8:22	Calgary,AB
34	27/82 M	3/16 M4549	1:11:02	147	Paul Plocktis	1	10:01	52	37:04:00	1:52	30		47:05:00	64	23:58	7:43	WEstbank,BC
35	28/82 M	1/9 M5054	1:11:06	66	Gar Chase	70	15:02	28	34:10:00	1:43	37		49:11:00	29	21:55	7:04	Kelowna,BC
36	29/82 M	2/9 M5054	1:11:10	64	Derek Woodhurst	51	14:04	36	35:00:00	1:45	35		49:03:00	31	22:08	7:08	Salmon Arm,BC
37	30/82 M	3/9 M5054	1:11:48	60	Paul Eby	43	13:41	41	35:27:00	1:47	36		49:07:00	41	22:41	7:18	Oliver,BC
38	8/76 F	1/7 F4549	1:12:02	153	Kim Jollymore	44	13:48	43	35:58:00	1:48	42		49:46:00	34	22:17	7:11	Kelowna,BC
39	31/82 M	4/9 M5054	1:12:09	61	P. Mark Fromberg	66	14:47	29	34:29:00	1:44	39		49:15:00	44	22:55	7:23	Kelowna,BC
40	32/82 M	5/9 M5054	1:12:24	65	Gary Horsting	56	14:21	34	34:53:00	1:45	38		49:13:00	48	23:11	7:28	Coldstream,BC
41	9/76 F	1/14 F4044	1:13:02	136	Gayanne Pacholzuk	19	11:52	53	37:29:00	1:53	41		49:20:00	59	23:42	7:38	Kelowna,BC
42	33/82 M	4/16 M4549	1:13:08	44	Tony Desjarlais	47	13:57	44	36:09:00	1:49	45		50:06:00	46	23:02	7:25	Kelowna,BC
43	34/82 M	6/9 M5054	1:13:33	63	Bruce Mitchell	39	13:11	60	38:21:00	1:56	52		51:31:00	30	22:02	7:06	Kamloops,BC
44	35/82 M	1/3 M6064	1:13:38	80	Gary Hoffman	60	14:32	42	35:44:00	1:48	46		50:16:00	53	23:22	7:32	Osoyoos,BC
45	36/82 M	3/4 M2529	1:13:44	6	Vincent Johnson	84	16:11	51	37:03:00	1:52	57		53:13:00	18	20:31	6:36	Burnaby,BC
46	37/82 M	7/9 M5054	1:14:16	62	Bruce Fairweather	78	15:36	32	34:48:00	1:45	48		50:24:00	63	23:53	7:41	Penticton,BC
47	10/76 F	3/18 F3034	1:14:25	124	Carmelle Guidi-Swan	10	11:00	58	38:01:00	1:55	34		49:01:00	79	25:24:00	8:11	Kelowna,BC
48	38/82 M	4/4 M2529	1:14:25	4	Jason Jewkes	68	14:54	35	34:59:00	1:45	43		49:53:00	67	24:33:00	7:54	Nelson,BC
49	39/82 M	3/11 M3539	1:14:58	20	Chris Hodkinson	48	13:59	45	36:33:00	1:50	49		50:32:00	66	24:27:00	7:52	Whistler,BC

50	40/82	M	4/11	M3539	1:15:17	22	Chris Siver	37	13:05	49	36:56:00	1:51	44	50:00:00	78	25:17:00	8:09	Victoria,BC
51	41/82	M	5/16	M4549	1:15:18	56	Tom Wyatt	72	15:06	39	35:17:00	1:46	47	50:23:00	70	24:56:00	8:02	Penticton,BC
52	42/82	M	8/9	M5054	1:15:59	67	Paul Filippi	103	17:04	47	36:46:00	1:51	66	53:50:00	32	22:10	7:08	Vernon,BC
53	43/82	M	2/9	M5559	1:16:18	72	Layton Carefoot	122	18:03	40	35:23:00	1:47	61	53:25:00	42	22:53	7:22	Kelowna,BC
54	44/82	M	5/11	M3539	1:16:30	39	Kavicky Miroslav	46	13:54	72	39:22:00	1:59	58	53:15:00	50	23:16	7:30	Peachland,BC
55	45/82	M	6/16	M4549	1:16:49	58	Jack Smith	76	15:21	55	37:57:00	1:54	59	53:17:00	57	23:32	7:35	Colville,WA
56	11/76	F	1/7	F3539	1:17:03	126	Nancy Austin	36	13:05	67	38:59:00	1:57	53	52:03:00	73	25:00:00	8:03	Vancouver,BC
57	46/82	M	7/8	M3034	1:17:06	8	Darcy Lainchbury	79	15:45	76	39:54:00	2:00	75	55:38:00	27	21:28	6:55	Abbotsford,BC
58	47/82	M	11/17	M4044	1:17:14	41	David Allard	69	15:01	54	37:56:00	1:54	54	52:56:00	65	24:18:00	7:50	Kelowna,BC
59	48/82	M	3/9	M5559	1:17:34	77	Mike Everett	77	15:23	61	38:23:00	1:56	65	53:46:00	62	23:49	7:40	Vernon,BC
60	49/82	M	6/11	M3539	1:17:56	23	Warren Asuchak	65	14:45	81	40:11:00	2:01	70	54:55:00	45	23:01	7:25	Salmon arm,BC
61	50/82	M	4/9	M5559	1:17:58	70	Don Searle	54	14:10	48	36:50:00	1:51	50	51:00:00	101	26:59:00	8:41	Kelowna,BC
62	12/76	F	2/14	F4044	1:18:13	135	Tina Kristiansen	81	15:55	75	39:47:00	2:00	78	55:42:00	38	22:31	7:15	Kelowna,BC
63	13/76	F	2/7	F3539	1:18:27	130	Tracu Addison	64	14:42	59	38:17:00	1:55	55	52:59:00	80	25:28:00	8:12	Coquitlam,BC
64	14/76	F	4/18	F3034	1:18:37	110	Tonya Haines	90	16:29	64	38:37:00	1:56	72	55:06:00	55	23:31	7:35	Kelowna,BC
65	51/82	M	5/9	M5559	1:18:48	74	Richard Montgomery	58	14:29	69	39:08:00	1:58	63	53:36:00	76	25:12:00	8:07	Kelowna,BC
66	15/76	F	3/7	F2024	1:18:56	89	Alli Shafer	112	17:31	66	38:47:00	1:57	85	56:18:00	40	22:38	7:17	Kelowna,BC
67	52/82	M	1/1	M--20	1:18:57	166	Shaun Gerber	57	14:28	50	36:59:00	1:51	51	51:26:00	108	27:31:00	8:52	Kelowna,BC
68	53/82	M	7/16	M4549	1:18:57	47	Jim Ruhland	85	16:12	74	39:39:00	1:59	81	55:51:00	47	23:07	7:27	Oliver,BC
69	16/76	F	3/14	F4044	1:19:03	142	Tammy Rutledge	74	15:12	70	39:08:00	1:58	67	54:20:00	69	24:44:00	7:58	Calgary,AB
70	17/76	F	5/18	F3034	1:19:07	108	Erica Abbie	59	14:29	93	41:14:00	2:04	77	55:42:00	54	23:25	7:33	Kelowna,BC
71	54/82	M	8/8	M3034	1:19:17	9	Andrew Do	50	14:01	102	41:44:00	2:06	80	55:45:00	58	23:33	7:35	Delta,BC
72	18/76	F	6/18	F3034	1:19:24	116	Maria Amaya	75	15:15	86	40:38:00	2:02	82	55:53:00	56	23:31	7:35	Bellevue,WA
73	55/82	M	8/16	M4549	1:19:32	57	Ron Earle	52	14:09	85	40:25:00	2:02	69	54:34:00	71	24:58:00	8:03	Westbank,BC
74	56/82	M	9/16	M4549	1:20:05	45	Mike Pearson	62	14:39	63	38:34:00	1:56	56	53:13:00	99	26:52:00	8:39	Delta,BC
75	57/82	M	10/16	M4549	1:20:08	43	Mike Baldigara	124	18:15	62	38:33:00	1:56	90	56:47:00	52	23:21	7:31	Kelowna,BC
76	19/76	F	1/8	F5054	1:20:18	158	Jennifer Leach-Trask	41	13:15	80	40:10:00	2:01	60	53:24:00	100	26:54:00	8:40	Kelowna,BC
77	58/82	M	11/16	M4549	1:20:20	50	Rick Thuynsma	89	16:26	79	40:09:00	2:01	87	56:35:00	61	23:46	7:39	Sidney,BC
78	59/82	M	12/17	M4044	1:20:29	37	Randy Laurie	91	16:31	65	38:43:00	1:57	73	55:13:00	77	25:17:00	8:09	Mission,BC
79	20/76	F	7/18	F3034	1:21:38	122	Tracy Fehr	38	13:07	94	41:21:00	2:05	68	54:28:00	104	27:11:00	8:45	Penticton,BC
80	60/82	M	12/16	M4549	1:21:46	52	Paul McCann	61	14:37	68	39:00:00	1:57	64	53:37:00	115	28:10:00	9:04	Penticton,BC
81	21/76	F	8/18	F3034	1:22:07	123	Leasa Gatschene	104	17:06	56	37:58:00	1:54	71	55:04:00	102	27:04:00	8:43	Sidney,BC
82	22/76	F	3/10	F2529	1:22:12	105	Holly Taylor	86	16:14	73	39:29:00	1:59	79	55:42:00	89	26:30:00	8:32	Vancouver,BC
83	61/82	M	7/11	M3539	1:22:22	19	Dan SUIZ	107	17:18	71	39:18:00	1:58	88	56:36:00	84	25:47:00	8:18	Kamloops,BC
84	23/76	F	4/14	F4044	1:22:49	138	Jan Baker	114	17:35	96	41:32:00	2:05	105	59:07:00	60	23:42	7:38	Delta,BC
85	62/82	M	13/17	M4044	1:23:01	29	Andre Larivee	117	17:39	110	42:29:00	2:08	114	1:00 0:08	43	22:54	7:23	Penticton,BC
86	24/76	F	4/7	F2024	1:23:16	92	Sasha Meads	82	16:00	78	40:03:00	2:01	83	56:03:00	105	27:13:00	8:46	Burnaby,BC
87	25/76	F	9/18	F3034	1:23:24	118	Sunette Louw	73	15:11	113	42:43:00	2:09	97	57:53:00	81	25:31:00	8:13	Naramata,BC
88	26/76	F	5/14	F4044	1:23:29	143	Pamela Labossiere	111	17:30	57	38:01:00	1:55	74	55:30:00	113	27:59:00	9:01	Vernon,BC
89	27/76	F	4/10	F2529	1:23:36	104	Becky Roberts	92	16:32	92	41:08:00	2:04	95	57:40:00	85	25:57:00	8:21	Vancouver,BC
90	63/82	M	8/11	M3539	1:23:48	25	Alex Vanichuk	87	16:15	89	40:55:00	2:03	92	57:09:00	92	26:39:00	8:35	Langley,BC
91	64/82	M	6/9	M5559	1:23:52	71	Tony Viola	108	17:21	84	40:24:00	2:02	96	57:44:00	88	26:08:00	8:25	Kelowna,BC
92	65/82	M	9/11	M3539	1:23:57	17	Robert Hogue	34	12:49	132	45:56:00	2:18	101	58:45:00	75	25:12:00	8:07	Kelowna,BC
93	28/76	F	5/7	F2024	1:24:00	85	Meghan Dimma	63	14:40	105	41:58:00	2:06	89	56:38:00	107	27:23:00	8:49	Oliver,BC
94	29/76	F	3/7	F3539	1:24:08	131	Jennifer Johnstone	35	12:57	87	40:38:00	2:02	62	53:35:00	132	30:34:00	9:51	Calgary,AB
95	30/76	F	6/14	F4044	1:24:23	140	Eva Lintell	113	17:33	91	41:05:00	2:04	100	58:37:00	83	25:47:00	8:18	Kelowna,BC
96	66/82	M	14/17	M4044	1:24:39	32	Chris Forster	121	18:02	121	43:26:00	2:11	118	1:00 1:27	49	23:12	7:29	Penticton,BC
97	31/76	F	7/14	F4044	1:24:46	141	Trish Marshall	115	17:37	107	42:11:00	2:07	111	59:47:00	72	25:00:00	8:03	Coldstream,BC
98	67/82	M	15/17	M4044	1:25:02	31	Sean Collins	55	14:16	95	41:25:00	2:05	76	55:40:00	126	29:22:00	9:27	Calgary,AB
99	32/76	F	5/10	F2529	1:25:05	96	Helen Stacey	95	16:39	104	41:56:00	2:06	99	58:34:00	90	26:31:00	8:32	Abbotsford,BC
100	1/1	R	1/1	R-Fem	1:25:43	170	Bainbridge Island Tri Ba	bes 83	16:09	90	40:55:00	2:03	91	57:04:00	120	28:40:00	9:14	Bainbridge Isld,
101	68/82	M	7/9	M5559	1:25:44	73	Dave Loewen	67	14:53	100	41:40:00	2:05	86	56:32:00	125	29:12:00	9:24	Abbotsford,BC
102	33/76	F	8/14	F4044	1:25:44	171	Shannon Murrells-Allaway	80	15:49	116	43:07:00	2:10	102	58:55:00	96	26:50:00	8:39	Salmon Arm,BC
103	34/76	F	6/10	F2529	1:26:18	102	Angela Matson	98	16:56	122	43:39:00	2:11	116	1:00 0:34	82	25:44:00	8:17	Coquitlam,BC
104	35/76	F	9/14	F4044	1:26:40	134	Marji Basso	101	16:59	106	42:00:00	2:06	103	58:59:00	110	27:42:00	8:55	Oliver,BC
105	36/76	F	7/10	F2529	1:27:02	99	Monique McGuigan	100	16:57	115	42:57:00	2:09	112	59:53:00	103	27:10:00	8:45	Vancouver,BC
106	37/76	F	2/7	F4549	1:27:04	154	Cathy Olson	42	13:20	124	44:46:00	2:15	98	58:06:00	123	28:58:00	9:20	Redmond,WA
107	38/76	F	2/4	F--20	1:27:17	83	Kira Burger	102	17:02	126	45:09:00	2:16	119	1:00 2:11	74	25:06:00	8:05	BainbridgeIsland,
108	39/76	F	10/18	F3034	1:27:23	114	Christa Lewis-Watts	106	17:16	108	42:16:00	2:07	108	59:31:00	111	27:52:00	8:59	Westbank,BC

109 69/82 M	16/17 M4044	1:27:29	26 Rory Bass	110 17:27	97 41:33:00	2:05	104	58:59:00	118 28:30:00	9:11 Kelowna,BC
110 70/82 M	13/16 M4549	1:27:32	55 Derek Desrosiers	96 16:51	109 42:26:00	2:08	107	59:16:00	116 28:16:00	9:06 Vancouver,BC
111 40/76 F	11/18 F3034	1:27:34	119 Rachel Carson	99 16:56	118 43:20:00	2:10	115 1:00	0:16	106 27:19:00	8:48 Port Moody,BC
112 41/76 F	10/14 F4044	1:27:43	144 Myra Mattila	123 18:09	99 41:37:00	2:05	110	59:45:00	112 27:58:00	9:00 Vernon,BC
113 42/76 F	3/7 F4549	1:27:45	151 Carolyn Hiles	53 14:10	125 45:06:00	2:16	106	59:15:00	117 28:30:00	9:11 Calgary,AB
114 43/76 F	2/8 F5054	1:27:52	157 Laura Gosset	97 16:55	83 40:17:00	2:01	93	57:11:00	133 30:41:00	9:53 Kelowna,BC
115 44/76 F	6/7 F2024	1:27:56	90 Jennifer Fernholz	40 13:14	114 42:52:00	2:09	84	56:06:00	140 31:51 1	0:15 Penticton,BC
116 45/76 F	4/7 F3539	1:27:57	128 Susan Orr	94 16:34	119 43:22:00	2:11	113	59:56:00	114 28:02:00	9:02 Delta,BC
117 46/76 F	5/7 F3539	1:29:42	132 Vik Peck	118 17:40	127 45:11:00	2:16	123 1:00	2:51	98 26:51:00	8:39 North Saanich,BC
118 47/76 F	6/7 F3539	1:29:42	129 Shelley Rebneris	116 17:37	129 45:15:00	2:16	124 1:00	2:52	97 26:51:00	8:39 North Saanich,BC
119 48/76 F	12/18 F3034	1:29:50	113 Emma Crosthwaite	127 18:50	120 43:25:00	2:11	120 1:00	2:14	109 27:37:00	8:54 Kelowna,BC
120 49/76 F	8/10 F2529	1:30:31	103 Marnie Richter	105 17:08	111 42:31:00	2:08	109	59:38:00	136 30:53:00	9:57 Vancouver,BC
121 50/76 F	3/8 F5054	1:31:11	159 Gwen Meads	137 20:49	123 43:40:00	2:11	131 1:00	4:29	95 26:43:00	8:36 Burnaby,BC
122 51/76 F	13/18 F3034	1:31:30	121 Tamara Cunningham	156 23:56	98 41:34:00	2:05	133 1:00	5:30	87 26:01:00	8:23 Kelowna,BC
123 71/82 M	14/16 M4549	1:32:24	49 Phillip Burger	120 17:54	131 45:42:00	2:18	128 1:00	3:35	121 28:49:00	9:17 Bainbridge Island,BC
124 52/76 F	9/10 F2529	1:32:26	101 Stephanie Carnegie	148 22:11	101 41:42:00	2:06	130 1:00	3:53	119 28:34:00	9:12 Kelowna,BC
125 53/76 F	14/18 F3034	1:32:41	115 Cathy Rooke	145 21:49	135 46:10:00	2:19	140 1:00	7:59	68 24:42:00	7:57 Penticton,BC
126 54/76 F	11/14 F4044	1:32:57	139 Lorraine Dukes	139 20:56	112 42:38:00	2:08	127 1:00	3:33	127 29:24:00	9:28 Oliver,BC
127 72/82 M	15/16 M4549	1:32:58	54 John Sparks	119 17:51	128 45:15:00	2:16	126 1:00	3:05	129 29:53:00	9:37 Kamloops,BC
128 73/82 M	10/11 M3539	1:35:08	18 Dan Ledoux	128 19:10	133 46:01:00	2:19	132 1:00	5:11	130 29:57:00	9:39 Langley,BC
129 55/76 F	4/8 F5054	1:35:16	156 Heather Forbes	125 18:19	142 47:58:00	2:24	135 1:00	6:16	124 29:00:00	9:21 Delta,BC
130 56/76 F	5/8 F5054	1:35:24	155 Jenica McNeill	143 21:41	88 40:50:00	2:03	122 1:00	2:30	144 32:54 1	0:36 Rossland,BC
131 57/76 F	3/4 F--20	1:35:51	167 Danielle Diminyatz	135 20:38	82 40:15:00	2:01	117 1:00	0:53	148 34:59 1	1:16 Peachland,BC
132 74/82 M	9/9 M5054	1:36:13	59 Terry Ingles	140 21:03	103 41:54:00	2:06	125 1:00	2:57	145 33:17 1	0:43 Penticton,BC
133 75/82 M	8/9 M5559	1:36:23	68 Mike Harrison	134 20:32	117 43:13:00	2:10	129 1:00	3:45	142 32:38 1	0:31 South Burnaby,BC
134 58/76 F	4/4 F--20	1:37:21	84 Molly Butler	126 18:36	140 47:13:00	2:22	134 1:00	5:48	139 31:34 1	0:10 Grand Forks,BC
135 76/82 M	11/11 M3539	1:37:26	16 Tim Henry	130 19:13	139 47:06:00	2:22	136 1:00	6:18	137 31:08 1	0:02 Chilliwack,BC
136 59/76 F	15/18 F3034	1:38:46	112 Julie Bomba	147 22:04	130 45:20:00	2:16	138 1:00	7:24	138 31:22 1	0:06 Coquitlam,BC
137 77/82 M	1/1 M70+	1:39:21	81 Peter Purves	25 12:15	146 50:11:00	2:31	121 1:00	2:25	151 36:57 1	1:54 Salmon Arm,BC
138 60/76 F	10/10 F2529	1:40:04	95 Laurel Eckhoff McPherson	133 20:18	136 46:14:00	2:19	137 1:00	6:32	146 33:33 1	0:48 Winfield,BC
139 61/76 F	6/8 F5054	1:40:09	160 Gillian Cullen	93 16:33	148 51:11:00	2:34	139 1:00	7:44	141 32:25 1	0:26 West Vancouver,BC
140 62/76 F	4/7 F4549	1:40:09	146 Sonja Brandstrom	109 17:24	77 39:55:00	2:00	94	57:18:00	156 42:52 1	3:48 Redmond,WA
141 63/76 F	16/18 F3034	1:40:34	111 Brandy Ludwig	155 23:53	141 47:49:00	2:24	146 1:00	11:41	122 28:54:00	9:18 Kamloops,BC
142 64/76 F	7/8 F5054	1:40:50	162 Jacqueline Stewart	149 22:15	151 52:03:00	2:37	152 1:00	14:17	91 26:33:00	8:33 Penticton,BC
143 65/76 F	7/7 F2024	1:41:27	88 Sydney Fletcher	138 20:54	145 50:03:00	2:31	145 1:00	10:57	131 30:31:00	9:50 Kelowna,BC
144 66/76 F	7/7 F3539	1:42:02	127 Lisa Kellett	141 21:39	154 53:42:00	2:42	153 1:00	15:20	94 26:42:00	8:36 Naramata,BC
145 78/82 M	2/3 M6064	1:42:27	78 Ed Dukes	153 23:33	134 46:03:00	2:19	144 1:00	9:36	143 32:51 1	0:35 Oliver,BC
146 67/76 F	12/14 F4044	1:42:28	137 Lucy Tompkins	146 21:54	137 46:25:00	2:20	142 1:00	8:19	147 34:09 1	1:00 Delta,BC
147 68/76 F	13/14 F4044	1:43:43	133 Doris Grieve	150 22:16	147 50:43:00	2:33	149 1:00	12:58	134 30:45:00	9:54 Penticton,BC
148 79/82 M	17/17 M4044	1:44:02	33 Darren Rettie	154 23:36	155 53:46:00	2:42	155 1:00	17:21	93 26:41:00	8:36 Naramata,BC
149 69/76 F	5/7 F4549	1:47:45	149 Connie Deane	152 22:46	138 46:35:00	2:20	143 1:00	9:21	154 38:25 1	2:22 Vernon,BC
150 70/76 F	6/7 F4549	1:47:45	150 Julie Harmer	136 20:44	150 51:59:00	2:36	148 1:00	12:42	149 35:03 1	1:17 Vernon,BC
151 80/82 M	3/3 M6064	1:48:43	79 Tom Kelly	129 19:12	143 49:06:00	2:28	141 1:00	8:17	155 40:26 1	3:01 Kaleden,BC
152 81/82 M	9/9 M5559	1:49:34	75 Alan Bratus	144 21:45	157 56:59:00	2:51	156 1:00	18:43	135 30:51:00	9:56 White Rock,BC
153 71/76 F	7/7 F4549	1:49:36	152 Michelle Hosseini	132 19:39	152 52:25:00	2:38	147 1:00	12:04	152 37:33 1	2:06 Richmond,BC
154 72/76 F	17/18 F3034	1:50:24	109 Susan Ferguson	142 21:40	149 51:53:00	2:36	150 1:00	13:32	150 36:52 1	1:52 Surrey,BC
155 73/76 F	8/8 F5054	1:50:52	161 Marlene Everett	159 31:44:00	144 49:35:00	2:29	157 1:00	21:18	128 29:34:00	9:31 Vernon,BC
156 74/76 F	14/14 F4044	1:51:43	145 Kerrin Miller	131 19:20	156 54:47:00	2:45	151 1:00	14:06	153 37:37 1	2:07 Delta,BC
157 75/76 F	1/1 F5559	1:59:31	163 Trudy McConnell	151 22:33	153 53:24:00	2:41	154 1:00	15:56	157 43:35 1	4:02 Oliver,BC
158 76/76 F	18/18 F3034	2:09:12	107 Sara Lillie	158 26:37:00	158 57:28:00	2:53	158 1:00	24:04:00	158 45:08 1	4:32 Sherwood Park,AB
159 82/82 M	16/16 M4549		53 George Reid	157 26:14:00						Delta,BC